



Newsletter

No. 12 June 2015



Upcoming Events

Sunday 12 July

LONDON OPEN

Guilford Spectrum, GU1 1UP

Monday 17 to Friday 21 August

SUMMER CAMP

Sevenoaks Community Centre, TN14 5DN

Monday 26 to Thursday 28 October

SPOOKY CAMP

Walthamstow Hall,
Sevenoaks
TN14 5DN



Mrs Longhurst
by Marcy Ward

Master Denis Seminar

We were very pleased to have Master Denis come and give a great technical seminar at Edenbridge Leisure Centre on 7 June. He was accompanied by new Junior World Champion Izzy Brider, who demonstrated the level that's required to compete internationally.

The seminar was well attended from Black Belts right down to one of our smallest students, Octavia Dove - pictured with Master Denis and Izzy Brider.

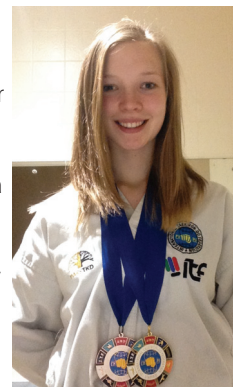
New Study Guide!

We are very pleased to announce our new study guide has been printed by WilliamsLea printers and will be available to all students for no charge. It covers all grading syllabus from White Belt to Black Tag plus other useful information to help take you to Black Belt.

Replacements will be £5

Gold again!

Natasha Hadlow won another Gold in patterns at the UITF British Championship in May as well as Gold in patterns in a competition in Scotland. She is also now Chairman of the Loughborough University Taekwon-Do Club.



CLASSES @
Sevenoaks - Dunton Green
Tuesdays & Thursdays
Sevenoaks Leisure Centre
Saturdays
Nizels, Hildenborough
Saturdays
Swanley White Oak
Wednesdays & Saturdays
Edenbridge Leisure Centre
Sundays & Mondays
Hurst Green
Community Centre
Tuesdays
Open during school holidays
See website for our holiday times

Booking
SUMMER CAMP 17-21 August
Early bird discount still available until 27 June!
Free TShirt if booking 3 days or more!

Guide Camp Self-Defence & Fete Demos

Mrs Longhurst and Mr Hadlow had the opportunity to teach a self defence session to 150 Girl Guides at their district camp on 10 May.

They took them through several scenarios and ways to keep themselves safe as well as releases and counters.

Oaks have also been seen at Fetes in June, with Mr Johnson leading proceedings in Eynesford and Mrs Longhurst and Mr Hadlow at Combe Bank School.



NEXT GRADING

Oaks' next grading will be held at Dunton Green Pavillion on **Sunday 28 June.**

New! Ladies Daytime Taekwon-Do - Starting Sept
Tuesdays 9:30 - 10:30 Dunton Green. Booking Now