



Newsletter

No. 10 January 2015



NEW YEAR, NEW VENUES!

New Year Events

Things to look out for in 2015

Red Belt and Above Training Sessions

Nizels, Hildenborough - 4:30-5:30pm

Saturday February 14

Saturday April 25

ETA Training Day

Venue and date to be confirmed - March

Your chance to train with the Grand Master

Breaking Seminar

Venue and date to be confirmed

Learn how to break with Double Guinness World Record Holders.

ETA Rose Cup - Sat 25 April

Newham Leisure Centre, London E13 8SD

Competition - Patterns & Sparring

We're pleased to announce, after the uncertainty about Raleys, that Oaks now has a new weekday venue in Sevenoaks. The brand new Pavillion in Dunton Green has only recently been completed and is equipped with a nice waiting area and underfloor heating!

Classes will start there on Tuesday 27 January and the address is Dunton Green Pavillion, London Road, Sevenoaks TN13 2UR.

NEW CLASSES!

Due to the popularity of the programme, we are adding an extra Acorns class on a Thursday as well as Acorns and Junior classes on Tuesdays.

NEW CLASSES AT EDENBRIDGE LEISURE CENTRE

Oaks has also started new classes at Edenbridge Leisure Centre. On Monday we have Acorns, Little Oaks and Mighty Oaks classes and on Sunday we have Acorns and a Family class.

CLASSES @
Sevenoaks - Dunton Green
Tuesdays & Thursdays
Sevenoaks Leisure Centre
Saturdays
Nizels, Hildenborough
Saturdays
Swanley White Oak
Wednesdays & Saturdays
Edenbridge Leisure Centre
Sundays & Mondays
Hurst Green
Community Centre
Tuesdays

NEXT GRADING

Oaks' next grading will be held at our new venue, Dunton Green Pavillion on **Sunday 25 January**.

Compete in 2015!

Rupert Daniell picked up the ETA Award for Coloured Belt Competitor of the Year for his efforts competing in 2014. We'd like to encourage students who have never competed to give it a try this year. Higher belts who have longer periods between gradings can use them as great motivators and goal setters.



EASTER CAMP 2015

APRIL 7 - 10 BOOKING NOW!

This Easter we are excited to add the opportunity for students to learn some First Aid. This course covers how to deal with an emergency, keeping safe and how to get help. Training will be provided by a fully qualified first aid instructor who holds an enhanced DBS certificate.

The cost of the 2 hour course is £15 per child or £10 per child if attending camp. **Places are very limited so please book early.**



South East Training Skills

Skills for life to save a life